

HIGH-ALTITUDE TREK · KARAKORAM

# Rush Lake Trek

A 6-day trek to Rush Lake (4,694m), one of the highest alpine lakes on earth, beneath Rakaposhi and Diran.

DURATION

**6 Days**  
5 Nights

SEASON

**Jun-Sep**  
Summer

MAX ALTITUDE

**4,694 m**  
Highest point

GRADE

**Hard**  
High trek

FROM

**\$1,200**  
per person

## The Journey

The Rush Lake Trek is a 6-day, 5-night high-altitude trek from the Nagar Valley to Rush Lake (4,694m) — one of the highest alpine lakes in Pakistan — with staggering views of Rakaposhi (7,788m) and Diran (7,266m). Rush Lake sits at 4,694m above the Nagar Valley, a turquoise sheet of water in a high glacial cirque. The real reward is the view: at this height you stand almost alongside Rakaposhi and Diran, with the Karakoram filling the horizon. The climb is demanding but non-technical — strong legs and steady acclimatisation, no specialist equipment.

## Day-by-Day

1  
DAY

2438 m

### Arrive in Nagar

Transfer into the Nagar Valley, a quiet world of apricot orchards and stone villages beneath the wall of Rakaposhi. After settling in, we take a gentle acclimatisation walk to get the legs moving and the lungs used to the air. Over dinner your licensed Balti guide runs through the route, the pace, and what to expect at altitude on the climb to Rush Lake.

2  
DAY

3500 m

### Nagar to Huru Camp

The trek proper begins. We climb steadily out of the valley to Huru Camp at 3,500m, the path opening up under the giants Rakaposhi (7,788m) and Diran (7,266m). It's a rewarding first day — meadows, grazing pastures and widening views — and we keep the pace deliberate to acclimatise. Camp is set on grass with the peaks close enough to touch.

3  
DAY

4200 m

### Rush Lake High Camp

A shorter but steeper alpine day, gaining height to high camp at 4,200m. The vegetation thins to rock and moss as we move into true high country, the air noticeably cooler and thinner. We arrive with time to rest, hydrate and prepare for an early start — this camp is the springboard for the push to the lake.

4  
DAY

4694 m

### Rush Lake (4,694m)

The big day. An early start carries us up to Rush Lake at 4,694m, one of the highest alpine lakes on earth — a sheet of cold turquoise held in a glacial cirque. At this height you stand almost level with Rakaposhi and Diran, with a full 360° sweep of Karakoram summits, Golden Peak and the Hispar wall on the horizon. After time at the lake we descend back to camp to rest tired legs.

**5**  
DAY

2438 m

## Descend to Nagar

A long descent retraces the route all the way back down to the Nagar Valley, losing the height you fought for over the past three days. It's hard on the knees but easy on the lungs, and the green of the valley feels luxurious after the high camps. A hot meal and a proper bed in Nagar mark the end of the trek.

**6**  
DAY

540 m

## Gilgit & Depart

After breakfast we transfer down the Karakoram Highway to Gilgit, the regional hub. From here you fly to Islamabad (weather permitting) or continue overland on the scenic two-day road, where the trip ends. We help arrange your onward connection.

## What's Included

### Included

- Private ground transport, all 4x4 transfers, hotel nights at trailhead towns and all camping on trek.
- All meals on trek, camping equipment, a licensed local guide, cook and porters.
- Permit and community fees, plus daily route and weather monitoring by our team.

### Not Included

- International flights to and from Pakistan, and the Pakistan visa fee.
- Personal travel and medical insurance.
- Personal trekking gear (boots, sleeping bag, down jacket); rental can be arranged in Skardu.
- Tips for guides, porters and support staff (recommended \$5–10 per day per person).

## Pricing

Fixed-departure group price is \$1,200 per person, all-inclusive of the services above. Private groups are priced by size — discounts apply automatically as your group grows.

Solo 1 Person

**\$2,150**

per person

2–3 Persons

**\$1,750**

per person

4–6 Persons

**\$1,480**

per person

7–10 Persons

**\$1,200**

best value · per person



## Good to Know

### Booking & Payment

- A deposit of \$100 per person confirms your spot. Full payment is due 14 days before departure.
- Bookings can be made through our official website, authorized agents, or by direct WhatsApp contact.
- Prices may change due to availability, demand, and government travel regulations.

### Cancellation Policy

- Cancellations 30+ days before departure: full refund minus the deposit.
- Cancellations 15–29 days before departure: 50% refund of the total paid.
- Cancellations less than 15 days before departure: no refund will be issued.

### Permits & Documentation

- Foreign visitors need a valid Pakistan Trekking & Mountaineering visa; we provide a Letter of Invitation on request.
- Restricted-zone treks may require a trekking permit and NOC — we arrange these where needed and the standard fees are included.
- We require valid travel and medical insurance covering high-altitude trekking and emergency evacuation.

### Health & Fitness

- Moderate to hard. You should be fit and comfortable walking 5–7 hours a day on rough mountain trails at altitude.
- This route climbs above 4,000m — acclimatization days are built in, but prior trekking experience is recommended.
- Anyone with a heart condition or a history of severe altitude sickness should consult a physician before booking.

## Ready to go?

Local hands · Real safety · Fair price · WhatsApp us for 2026 dates

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